



**NOMINATION FORM  
2026-27 BOARD OF DIRECTORS  
CORPORATION DU CENTRE DU SABLON**

(Write legibly in block letters)

Name of candidate : \_\_\_\_\_

Address : \_\_\_\_\_

City : \_\_\_\_\_ Province : \_\_\_\_\_

Postal Code : \_\_\_\_\_ Telephone : \_\_\_\_\_

**CDS member number** : \_\_\_\_\_

***NOMINATION FORM***

*Any person wishing to stand for election to any office at the Annual General Meeting must complete this nomination form provided by the Secretary of the Corporation.*

*This form must be forwarded under seal to the Secretary of the Corporation no later than ten (10) days prior to the Annual General Meeting. Any form received after this deadline will be null and void.*

*No nominations will be accepted on the floor of the meeting.*

**Applicant's membership category:**

**USER**

If user, complete the following section:

LAVAL RESIDENT:  NON-LAVAL RESIDENT:

**CDS member number** : \_\_\_\_\_

Activity : \_\_\_\_\_ Adult :  Child :

Name of child : \_\_\_\_\_

**OR**

**VOLUNTEER** If you are a volunteer member, specify (Department, function, activity, etc.):

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Number of volunteer hours since January 2025: \_\_\_\_\_

Candidate signature : \_\_\_\_\_

Date : \_\_\_\_\_

**Signature of 3 members in good standing to support your candidacy:**

1. Print Name: \_\_\_\_\_ Signature : \_\_\_\_\_

Address : \_\_\_\_\_

Telephone : \_\_\_\_\_

*If user member, complete the following section:*

**CDS member number :** \_\_\_\_\_

Activity : \_\_\_\_\_ Adult :  Child:  Name of child : \_\_\_\_\_

2. Print Name: \_\_\_\_\_ Signature : \_\_\_\_\_

Address : \_\_\_\_\_

Telephone : \_\_\_\_\_

*If user member, complete the following section:*

**CDS member number :** \_\_\_\_\_

Activity : \_\_\_\_\_ Adult :  Child:  Name of child : \_\_\_\_\_

3. Print Name: \_\_\_\_\_ Signature : \_\_\_\_\_

Address : \_\_\_\_\_

Telephone : \_\_\_\_\_

*If user member, complete the following section:*

**CDS member number :** \_\_\_\_\_

Activity : \_\_\_\_\_ Adult :  Child:  Name of child : \_\_\_\_\_

To be submitted no later than **Monday April 20, 2026 at 5:00 p.m.** by e-mail, at the address [ca.centredusablon@gmail.com](mailto:ca.centredusablon@gmail.com) or deliver in a sealed envelope to the center's reception, addressed to Mr. Vesselin Ivanov, Secretary of the Corporation. Any nomination forms received after this this date will be void.

## **Annex**

### **Eligibility requirements**

Except for the independent director appointed by Ville de Laval and the director co-opted by the Board of Directors, who may be any interested person, ***only resident user members, non-resident user members and volunteers are eligible to be directors, including the parent or legal guardian of a member in these categories who is a minor.***

However, the following are not eligible to be directors

- 1) Minors, adults under guardianship or curatorship, bankrupts and persons prohibited by the court from exercising this function;
- 2) Owners or employees of private companies, or employees of organizations bound to the Corporation by a goods or services agreement;
- 3) Persons with a criminal record in the following areas: sexual offences, indecent acts, misconduct, offences against the person and reputation, fraudulent transactions;
- 4) Employees of the Corporation;
- 5) Persons whose employment with the Corporation ended less than three (3) years ago;
- 6) A director who completes his or her tenth (10th) successive term of office.
- 7) A director who has failed to file his or her annual declaration of interest within the time prescribed in the by-laws.

### **Term of office on the Board of Directors:**

***Elected directors.*** The five (5) directors elected by the Annual General Meeting serve rotational **terms of two (2) years**, with three (3) elected in odd-numbered years (seats 1 to 3) and two (2) in even-numbered years (seats 4 and 5). They take office at the close of the meeting at which they are elected, and their term of office expires at the close of the second Annual General Meeting following their election.

***Independent Director appointed by Ville de Laval.*** Ville de Laval appoints the director occupying seat 6, who is appointed for a **two (2) year term**. He or she takes office as soon as the Ville de Laval sends a written notice to the Secretary of the Corporation identifying the designated director.

***Co-opted director.*** The term of office of the co-opted director occupying seat 7 is **one (1) year**. He or she assumes office as soon as appointed by the Board of Directors and his or her term expires at the close of the Annual General Meeting following his or her appointment.

### **Meetings of the Board of Directors**

There are generally 8-10 Board meetings held per year, which are generally held on the third Thursday of each month in: **May, June, September, October, November, December, January, February, March, and April**. Meetings usually begin at 6:00pm. Special meetings can be added to discuss specific decisions or projects.

Unless an emergency arises, a break is scheduled for the summer vacations in July and August. The candidate must be available to attend Board meetings at this time.

A director may not remain on the Board of Directors if:

- Is absent for three (3) consecutive Board meetings,
- Ceases to meet the eligibility requirements,
- Loses the designation having been granted to him by Ville de Laval while he was designated by the latter to sit on the Board, or,
- Is dismissed as provided for in the by-laws.

**Officers sitting on the Board of Directors**

The Board of Directors consists of elected directors (5 positions), an independent director appointed by Ville de Laval (1 position) and a co-opted director (1 position):

- President
- Vice-President
- Treasurer
- Secretary
- Director
- Director
- Director (Coopted)