

Please answer the following

Which age group do you prefer working with? (Please indicate a maximum of 2 choices)

- 5-6 yrs old 6-7 yrs old 7-8 yrs old 8-9 yrs old 9-10 yrs old 11-12 yrs old

Why are you applying for the CIT program?

How would you make your mark in your community? What would the steps be to attain your goal?

How would you describe your leadership skills whether it be in sports, school or in extra-curricular activities?

What is a current world issue that you feel is important? And why?

Do you have other comments or facts that we should be aware of?

PROGRAM CHOICE: JUNIOR (0-1 summer experience) SENIOR (+1 summer experience)

I will adhere to all policies set by the camp administration. **I understand that during camp hours usage of cellphone or smartphone is prohibited.** I certify that all information provided in this request for the CIT program is true and correct and was written by the CIT applying. I understand that should I be accepted to the program, any **false** declaration of information given in this request would be sufficient grounds for my immediate dismissal. I authorize *La Corporation du Centre du Sablon* to verify the accuracy of the information provided.

Applicant's signature: _____ Date: _____

Parent's signature: _____ Date: _____
(if applicant is 14 years old or less)

PLACES ARE LIMITED. DEADLINE JUNE 1ST. Applicants will be called mid-May for an interview.

A \$19.50 (plus tax for 15 + year olds) annual membership fee is mandatory. Acceptance to the program will depend on the application form and interviews. Once accepted, applicants must fill out payment form.
Please send application to cdj@centredusablon.com

JUNIOR CIT PROGRAM

The Junior CIT program targets youths aged 13 to 15, with 0-1 summer of CIT experience. It aims to provide a secure environment for those interested in leadership roles to explore counselor responsibilities and general work-life concepts. Emphasizing key leadership qualities, the program focuses on:

- Effective communication
- Animation training
- Activity planning and facilitation
- Child development and well-being
- Leadership opportunities
- Health and safety protocols
- Community involvement

Junior CITs will rotate through different age groups, dedicating half their day to leader-led training sessions involving team-building activities and presentations. The remaining time is spent in supervised groups, where they observe, assist, and learn the ropes of an animator. At the end of their session, CITs will receive a **certificate of completion of the program**. CITs are supported throughout the program by the CIT Leaders who will evaluate their progress and provide constructive feedback. Possibility of registering for more than one session. During their second session, the CITs will receive more practical experience to complete theoretical competency acquired during the first session. **Acceptance into the program is dependent on application and interview.**

SENIOR CIT PROGRAM

The Senior CIT program targets youths aged 14-15 (Sec 2 to 4), designed specifically for teens with more than one summer of CIT experience. Tailored to prepare teens for counselor roles, the program emphasizes spending the majority of their day within designated groups. The program is geared towards CITs with a strong will to become counselors and have an interest in working with children in the future. Seniors remain with the same group throughout the session, fostering strong connections with the children and becoming an important part of the group. The program focuses on:

- Intervention methods and problem-solving techniques
- Characteristics and psychology of children according to their age group
- Emergency measures
- Animation techniques
- Activity planning
- Leadership opportunities

Limited spots are available, and interviews will determine acceptance. Seniors undergo training and evaluation akin to regular counselors. **Upon program completion and receipt of their diploma, they will receive priority notification about summer 2025 hiring opportunities.** CITs are supported throughout the program by the CIT Leaders who will evaluate their progress and provide constructive feedback. Possibility of registering for more than one session. During their second session, the CITs will receive more practical experience to complete theoretical competency acquired during the first session.